

Coach Profile



Ana Gutiérrez

Department/Unit	Learning & Development, Human Resources
Grade/Title	Learning & Development Officer
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Philosophy of Coaching:	Support individuals to identify, articulate and navigate through their perceived challenges to bring about their desired outcomes.
Up to 5 descriptive phrases/adjectives about you as a coach:	Goal-Oriented Trusting Intuitive Empathetic Honest
Coaching Experience (including training and credentials):	Attained a Diploma in Business, Executive and Personal Coaching by the Coach Institute in Ireland in 2011. As an experienced L&D/OD professional, I have actively used my coaching skills with staff at all levels in different private and public organisations. I have established and chaired an internal coaching panel formed by trained members of staff. I have also worked with groups extensively, facilitating team building and strategic planning conversations to support change. I have been a member of the Chartered Institute of Personnel Development (CIPD) for the past two decades.