

Coach Profile



Dr Mary B Ryan

Department/Unit	Department of Adult and Community Education
Grade/Title	Lecturer
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Philosophy of Coaching:	A reflective space that encourages individuals to understand themselves more fully, explore their personal and professional dreams and develop strategies to be their best selves.
Up to 5 descriptive phrases/adjectives about you as a coach:	Insightful, reflexive, imaginative, challenging, practical , confidential.
Coaching Experience (including training and credentials):	<p>I have a deep understanding of leadership coaching, the skills and knowledge that are required for change and the organisational dynamics that may prevent development and a positive work environment. I facilitate teams and groups that are experiencing challenges and seeking a more inclusive and effective way of working and relating, especially in contested contexts.</p> <p>I am a certified Mediator and hold a certificate in Analytic-Network Advanced Coach Training. Leicester Conference, Tavistock Institute.</p> <p>Accredited member of Irish Group Analytic Society and the Eco-Leadership Institute.</p>