

LIBRARY &
INFORMATION
SKILLS
TUTORIALS

2023

SEMESTER 1

SEPTEMBER - NOVEMBER



**Maynooth
University**
National University
of Ireland Maynooth



Discover more with **LIST**

WEEK 1 | 25TH - 29TH September**MON 25TH**

- 10.00 Library Pop-up
- 12.00 MU Library – Helpful Hints to Get Started

TUES 26TH

- 10.00 Library Pop-up
- 11.00 Getting Started with Tech at MU

WED 27TH

- 10.00 MU Library – Helpful Hints to Get Started
- 11.00 Library Pop-up

THURS 28TH

- 12.00 What's on Offer: Counselling Service

FRI 29TH

- 11.00 Free Premium Apps for MU students

WEEK 2 | 2ND - 6TH October**MON 2ND**

- 14.00 *First Impressions* - Connecting with Peers

TUES 3RD

- 10.00 MU Library – Helpful Hints to Get Started

WED 4TH

- 11.00 MILO Workshop
- 14.00 Library Pop-up
- 15.00 Balance, Work and Play

THURS 5TH

- 10.00 Library Pop-up

FRI 6TH

- 14.00 MU Library – Helpful Hints to Get Started

WEEK 3 | 9TH - 13TH October**MON 9TH**

- 10.00 Finding Information for your Assignments
- 11.00 Developing Resilience
- 12.00 Technology for Reading

TUES 10TH

- 11.00 MU Library – Helpful Hints to Get Started

WED 11TH

- 14.00 Finding Information for your Assignments

THURS 12TH

- 16.00 Yoga for Wellbeing

FRI 13TH

- 10.00 Referencing for Beginners
- 12.00 Technology for Essay Writing

WEEK 4 | 16TH - 20TH October**MON 16TH**

- 14.00 Referencing for Beginners

TUES 17TH

- 10.00 Referencing for Beginners
- 12.00 *Don't put it off* - Dealing with Procrastination

THURS 19TH

- 12.00 Finding Information for your Assignments



WEEK 5 | 23RD - 27TH October

TUES 24TH

10.00 Finding Information for your Assignments

THURS 26TH

14.00 Finding Information for your Assignments

FRI 27TH

10.00 Referencing for Beginners

WEEK 7 | 6TH - 10TH November

MON 6TH

10.00 Referencing for Beginners

WED 8TH

14.00 Referencing for Beginners

FRI 10TH

11.00 Finding Information for your Assignments

WEEK 6 | Study Week



Sessions take place in the Library Training Rooms. Please check screens for specific locations. Follow us on social media [#ilikeitlikeLIST](#) for full details.



library.learning@mu.ie



<https://www.maynoothuniversity.ie/library/list>
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https://www.youtube.com/@Library_MU



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DESCRIPTIONS

LIBRARY SESSIONS (30 MINUTES)*

MU LIBRARY – HELPFUL HINTS TO GET STARTED

This session will tell you all about MU Library services to support your learning – we'll explain the key first steps to take as you settle in to University.

FINDING INFORMATION FOR YOUR ASSIGNMENTS

In this session, you'll learn how to easily find books, journal articles and other resources to help you with your assignments.

REFERENCING FOR BEGINNERS

Knowing what referencing is, why it matters and how to do it is important when writing your essays and assignments – join us to find out how to get started and ask any questions you have.

POP UP LIST: DROP BY AND ASK US ANYTHING!

*(1 HOUR SESSION)

Come visit us on Level 1 of the Library (you'll see our Library banner). Drop by any time during the scheduled hour - ask a quick question about using the Library, finding information, navigating our online resources - or anything else!

MAP SESSIONS (45 MINUTES)

GETTING STARTED WITH TECH AT MU

Whether you have excellent technology skills or don't have much experience with technology, this useful session will give you a general insight into getting started with the tech we use at MU. This session will cover general tech supports such as Office 365, Email and Moodle.

FREE PREMIUM APPS FOR MU STUDENTS!

Join this session to learn about two premium apps that are offered to MU students for free! In this session we will dive into the basic features of:

- » Read & Write (helps improve your reading and writing skills)
- » Inspiration 10 (mind mapping for exam prep or essay writing)

MILO WORKSHOP

Milo is our free online learning platform for study, essay writing, digital skills, wellbeing and much more! In this session we will cover 'Getting Started with Milo' and 'Milo Technology Sections'.

TECHNOLOGY FOR READING

Sometimes documents, handouts or webpages can be inaccessible. Join this session to learn how to use different Microsoft tools and library services to read faster and more productively. In this session we will focus on:

- » Immersive Reader (listen back to text, modify text, colours and more)
- » SensusAccess (convert documents to accessible formats, such as Word or audio files)

TECHNOLOGY FOR ESSAY WRITING

Do you want to learn how to type your essays using just your voice? Or how about a tool that can help you write and read your essays faster? Join the session to learn about lots of free tools, apps and software for reading, writing, proofreading and planning your essays.

COUNSELLING SESSIONS (45 MINUTES)

WHAT'S ON OFFER

Session will focus on how the various supports and resources provided by Counselling Service Supports and Student Services can help you make the most of your first semester.

FIRST IMPRESSIONS CONNECTING WITH PEERS

This session will provide some strategies for making friends and keeping them.

BALANCE, WORK AND PLAY

Maintaining boundaries can be difficult during busy times. This session will focus on getting the balance right between work and play so you can enjoy your college experience to the full.

DEVELOPING RESILIENCE

Resilience is our ability to adapt, bounce back and cope with stress. This workshop will focus on the key aspects of developing resilience for the purpose of maintaining mental, physical and emotional well-being during challenging times.

YOGA FOR WELLBEING

Experiential session that will focus on how yoga can help alleviate stress and build confidence.

DON'T PUT IT OFF DEALING WITH PROCRASTINATION

Tips and strategies for dealing with procrastination and what might help to break the habit.