Irish Registered Charities offering

Credible Mental Health Information Online

JIGSAW
Young people's health in mind

Transgender Equality Network Ireland

A LUST FOR LIFE

SAMARITANS

SPUNOUT.ie

Mental Health Ireland

Pieta House

turn2me.org
a lifeline online

BODYWHYS
The Eating Disorders Association of Ireland

Shine
SUPPORTING PEOPLE AFFECTED BY MENTAL ILL HEALTH

GROW

Aware
Your supporting light through depression