

# Tips and Tricks for a Sustainable Christmas



- Gift experiences instead of items (a nice restaurant or a spa day)
- Use recycable wrapping paper
- Reuse gift bags
- Wrap gifts in a sustainable way (like scarfs, newspaper or brown paper)
- Return or donate presents you won't use
- Limit buying seasonal items
- Buy second hand decorations
- Make sure you use leftover food
- Donate extra food to people in need
- Shop local organic food
- Buy gifts second hand (ex: charity shops)
- Turn Christmas lights off as much as possible