



**IN CRISIS? FEELING UNSAFE?**

**NEED TO TALK?**

**YES I NEED IMMEDIATE HELP**

**YES I NEED TO TALK TO SOMEONE**

Is there an imminent risk to self or others?

Is your distress...

**YES**

**Personal**

**Academic**

**EMERGENCY SERVICES**

**Ambulance/Gardai Emergency:**  
911/112

**Campus Security**  
(01) 708 3929 / Ext. 3333

**Local Gardai**  
Maynooth (01) 629 2380  
Leixlip (01) 666 7800

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**MAYNOOTH UNIVERSITY  
STUDENT HEALTH CENTRE:**  
(01) 708 3878 (office hours)  
09.00-12.45 / 14.00-16.45  
Monday-Friday

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**EXTERNAL SERVICES:**

**Out of Hours Doctor** (01) 629 1169  
**KDOC Appointments:** 1890 599 362  
**Naas Hospital:** (045) 849 500  
**Blanchardstown:** (01) 646 5000

**STUDENT SERVICES**

**Counselling Service**  
By Appointment / Drop-In  
(01) 708 3554

**Student Health Centre**  
By Appointment  
(01) 708 3878

**Mental Health Advisor**  
By Appointment  
(01) 708 6007

**Chaplaincy Service**  
By Drop-In / Appointment  
(01) 708 3469

**Student Support Officer**  
(01) 474 7627

**Student Support Hub**  
(01) 708 4729

**Budgeting Advice**  
(01) 708 4729

**ACADEMIC SUPPORT**

**Academic Department**  
- Course Co-ordinator  
- Head of Department  
  
- Tutor  
- Departmental Administrator

*Check your Department's webpage for contact details*

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**Academic Advisory Office**  
Location: Education House  
(01) 708 3368

**Programme Advisory Office**  
Location: Rowan House  
(01) 474 7428

**Maths Support Centre**  
Location: Social Learning Room, Library  
(01) 708 3884

**Writing Centre**  
Location: Education House  
writingcentre@mu.ie

**Access Office**  
Location: MAP Lodge  
(01) 708 6025

**Fees & Grants Office**  
Location: Humanity House  
(01) 708 4747

**EXTERNAL SERVICES / HELPLINES**

Pieta House:	1800 247 247
Rape Crisis Centre:	1800 778 888
Samaritans:	1850 609 090
Niteline:	1800 793 793
Aware:	1800 80 48 48

**Residence Office**  
Location: Courtyard Plaza  
(01) 708 3322

**MU Students Union**  
Location: Students Union  
www.msu.ie